

SPECIAL OLYMPICS  
COMPETITIONS  
&  
SPECIAL EVENTS

“ALL SKATE”  
SKATE FITTING & SHARPENING  
Sunday September 10, 2017  
3:30-5:30 pm

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“Holiday Family Skate”  
December 17, 2017  
5:00 - 6:50 PM

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Special Olympics Ohio  
State Winter Games  
Kent State Ice Arena

February 7 - 8, 2018  
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“End of the Year Banquet”

**APRIL 15, 2018**

DATE & LOCATION  
TO BE DETERMINED

FUNDRAISING PROJECTS



**EVERGREENS**  
September - November

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The Grindstone Tap House  
**WING DING**  
**TO BE DETERMINED**  
6 - 9 pm  
Assorted raffle's & side boards  
Wings, pizza, pasta

**FUNDRAISING EVENT!**

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**All Year 'Round!**  
**Crunch, pretzel & almond**  
**dark chocolate**  
**\$ELL \$ELL \$ELL**



Trinity Special Olympics  
is accredited by  
Special Olympics Ohio  
and Special Olympics, Inc.  
and is registered under  
Special Olympics Ohio Cuyahoga Trinity  
with the Department of Treasury,  
Internal Revenue Service,  
as a non-profit charitable organization.

This sports training program relies on  
contributions from individuals,  
civic groups, corporate sponsors and gifts.  
The entire program involves volunteers  
from the community and the families  
of the athletes for organizing and conducting  
all of the various fundraising events  
throughout the year.

All classes are held at  
**Serpentini Arena**  
@  
**Winterhurst**

14740 Lakewood Hts. Blvd.  
Lakewood, Ohio 44107

For further information:  
216-529-4400 ext. 105

Sharon Stark  
Local Coordinator  
Master Coach

**Trinity  
Special  
Olympics**  
**ICE SKATING**  
**Training  
Program**  
**2017 - 2018**



fun  
friends  
lessons  
exercise  
competitions  
special events

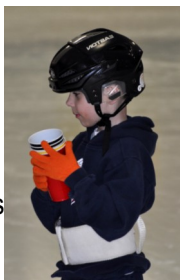
## WHAT IS THIS PROGRAM?

The Trinity Special Olympics training program offers specialized ice skating instruction to individuals, and small groups, who demonstrate a need for more personalized and individualized instruction. Ice skating instruction includes one-on-one assistance on the ice by trained volunteer assistants from the community, and group instruction by qualified instructors under the supervision of the founder and Program Director, who has 35 years of experience in the field.

## WHO CAN LEARN TO SKATE?

Eligible persons are children starting at age 5, up to and including adults, with one or more of the following:

- Intellectual disabilities
- Cognitive delays
- Multi-handicapped
- Sensory impairments
- Autism and related disorders
- Balance and coordination deficits
- Physical impairments



## WHO HELPS?

### VOLUNTEERS

from our community help on the ice, on a one-to-one basis as needed. Volunteers are recruited from the community and trained to meet the special needs of the variety of skaters.

A "buddy" system is used for ongoing training of volunteers who join our program throughout the season.

Volunteers come from a diverse skating background of recreational skating, figure skating, speed skating and hockey.

Volunteers with skating experience are always welcome and appreciated!

We also need non-skating volunteers to assist with skates and equipment.

## VOLUNTEER TRAINING PROVIDED

## WHAT KIND OF SKATING IS TAUGHT?

### DEVELOPMENTAL SKATING

- Specialized equipment and accessories are available to physically assist students, while learning balance and gliding on and off the ice.
- Games, activities, music and ice toys are used as teaching tools.
- Safety helmets, gait belts, walkers and other assisted devices are available.
- Excellent quality figure, hockey and speed skates are available on a loan basis.



### FIGURE SKATING

- Beginning level skaters "learn - how - to - skate" (a specific developmental skill building program)
- Intermediate / Advanced level skaters
- Special Olympics training for competition (compulsory elements, freestyle, pair skating, ice dancing)
- Choreography for competition & performance

### SPEED SKATING

- Beginning level "learn - how - to - speed skate"
- Advanced techniques, drills & sports specific training
- On and off-ice conditioning
- Special Olympics training for local, area, state and world level competitions
- Safety equipment is required and supplied.

## REGISTRATION FOR ALL CLASSES

**Session #1 ~ September 10, 2017**

**3:50 - 5:50pm**

**All Skate & skate fitting**

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**Session # 2 ~ October 29, 2017**

**Session # 3 ~ January 21, 2018**

at

**Serpentini Arena @ Winterhurst**

Register in-person during class time

~ OR ~

Mail - In Registration

### DONATION

**\$80.00 per session**

One session = 8 classes

Make checks payable to:

## TRINITY SPECIAL OLYMPICS

Mail to:

22861 Mastick Rd.

Fairview Park, OH 44126

Scholarship available

through the

"McDonnell Memorial Scholarship Fund"

For further information call :

Sharon Stark

216 - 529 - 4400 xt.105

[tsolympics@hotmail.com](mailto:tsolympics@hotmail.com)

## FALL / WINTER / SPRING

### SUNDAY CLASS TIMES

Advanced Figure Skating 3:40 - 4:50 PM

Beginner/Learn-to-Skate 5:00 - 5:50 PM

Speed Skating 6:00 - 6:50 PM

### DATES

# 1 Sept. 17, 24, Oct. 1, 8, 15, 22, 29, Nov. 5

# 2 Nov. 12, 19, Dec. 3, 10, 17\*, Jan. 8, 22, 29

(no class Nov. 27, Dec. 25, Jan.1 & Jan. 15)

\* Family Skate

# 3 Feb. 5, 12, 26

March 5, 12, 26, April 2, 9

(no class Feb. 19, March 19)

